

Track: calicanto_bu_ol_riojuanes_colladouman_yatova_turis_calicanto.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 92 BYC

| | |
|-------------------|----------|
| Total length | 91.79 Km |
| Analyzed distance | 91.79 Km |
| Lineal distance | 0.02 Km |

| | |
|------------------------------------|---------|
| Accumulated climb | 1432 m |
| Accumulated descent | 1406 m |
| Maximum height | 810.6 m |
| Minimal height | 104.2 m |
| Climb rate | 4.21 % |
| Descent rate | 3.99 % |
| Positive climb difference per km | 15.6 m |
| Negative descent difference per km | 15.32 m |

| | |
|------------------|-----------|
| Total time | 5:57:53 h |
| Time in movement | 4:28:48 h |
| Stopped time | 1:29:05 h |

| | |
|---------------------------|------------|
| Total speed average | 15.39 Km/h |
| Average speed in movement | 20.49 Km/h |
| Maximum held speed | 52.52 Km/h |

| | |
|------------------------|-------------------------------|
| Max slope filter | ~30 % |
| Min. points separation | ~30 m |
| Number of points | 4102 (cad. 22.38 m) |
| Significant points | 2141 (cad. 42.89 m / 52.19 %) |
| Aberrant points | 0 (0 % d. total) |

| | |
|----------------------------------|-----------|
| Direction changes per km | 7.47 |
| Direction changes >5° per km | 4.99 |
| Accumulated straight stretches | 27.036 Km |
| Straight stretches per km | 294.54 m |
| Penalizable slope changes | 11 |
| Penalizable slope changes per km | 0.12 |

Find The Best bike routes



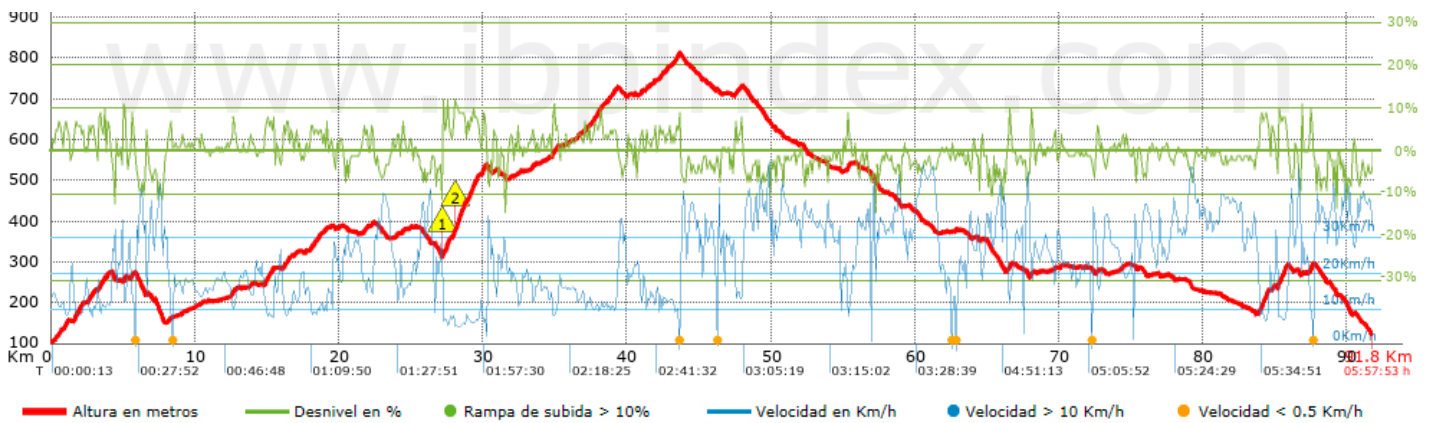
| Summary of slopes | Climbs | Distance in km | above the total in % | Speed in | Time h:m:s | |
|----------------------|---------------------------|----------------|----------------------|----------------|----------------|--|
| | Between 15 and 30% | 0 | 0 | 0 | 0:00:00 | |
| | Between 10 and 15% | 0.96 | 1.05 | 8.72 | 0:06:36 | |
| | Between 5 and 10% | 10.507 | 11.45 | 10.79 | 0:58:24 | |
| | Between 1 and 5% | 22.58 | 24.6 | 16.3 | 1:23:07 | |
| | Total : | 34.047 | 37.09 | 13.79 | 2:28:07 | |
| | Plain | | | | | |
| | Difference of 1% | 22.488 | 24.5 | 23.92 | 0:56:24 | |
| | Breakdown descents | | | | | |
| | Between 1 and 5% | 24.685 | 26.89 | 32.76 | 0:45:13 | |
| | Between 5 and 10% | 9.604 | 10.46 | 33.6 | 0:17:09 | |
| Between 10 and 15% | 0.904 | 0.98 | 30.69 | 0:01:46 | | |
| Between 15 and 30% | 0.068 | 0.07 | 27.09 | 0:00:09 | | |
| Total : | 35.26 | 38.41 | 32.91 | 1:04:17 | | |
| Total track : | 91.79 | 100 % | 20.49 | 4:28:48 | | |

Track: calicanto_bu_ol_riojuanes_colladouman_yatova_turis_calicanto.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 92 BYC



Steep slopes > 10%

| Steep slope | Page point | Average slope | Interval |
|--|------------|---------------|----------|
|  | 27.195 | 11 % | 109 m |
|  | 28.042 | 11 % | 211 m |

High altitude parameters, data above

| Altitude | Distance m | % of total | Time in movement | Speed | Stopped time | Total time | Speed |
|----------|---------------------|------------|------------------|----------|--------------|------------|----------|
| | Total : 0 Km | --- % | --- h | --- Km/h | --- h | --- h | --- Km/h |

Stops

| Distance | Stopped time | Altitude | Elapsed time | Last stop elapsed time | Last stop distance |
|--------------------------|---------------|----------|--------------|------------------------|--------------------|
| 5.8 | 0:02:47 | 274 | 0:24:37 | 0:24:37 | 5.8 |
| 8.353 | 0:01:52 | 163 | 0:32:38 | 0:08:01 < 10´ | 2.553 |
| 43.632 | 0:05:47 | 807 | 2:48:31 | 2:15:53 | 35.279 |
| 46.192 | 0:01:26 | 721 | 2:59:11 | 0:10:40 | 2.561 |
| 62.483 | 0:10:51 > 10´ | 373 | 3:33:16 | 0:34:05 | 16.291 |
| 62.806 | 0:59:20 > 10´ | 374 | 3:45:04 | 0:11:48 | 0.323 |
| 72.2 | 0:04:42 | 285 | 5:06:19 | 1:21:15 | 9.394 |
| 87.648 | 0:02:20 | 296 | 5:48:53 | 0:42:34 | 15.448 |
| Total : 1:29:05 h | | | | | |