

Track: cullera\_tavernes\_simat\_barxeta\_benig\_nim\_castell\_nrugat\_r\_tova\_marxuquera\_ladrova\_tavernes\_cullera.gpx

These speeds are average for = BYC

IBP index reliability= D

**IBP = 102 BYC**

Total length	123.84 Km
Analyzed distance	123.84 Km
Lineal distance	0.06 Km

Accumulated climb	1398.86 m
Accumulated descent	1395.74 m
Maximum height	389.4 m
Minimal height	-4.57 m
Climb rate	3.57 %
Descent rate	3.45 %
Positive climb difference per km	11.3 m
Negative descent difference per km	11.27 m

Total time	6:55:31 h
Time in movement	5:20:49 h
Stopped time	1:34:42 h

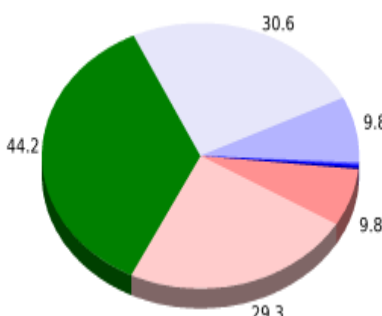
Total speed average	17.88 Km/h
Average speed in movement	23.16 Km/h
Maximum held speed	56.53 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4568 (cad. 27.11 m)
Significant points	2629 (cad. 47.16 m / 57.55 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	6.7
Direction changes >5° per km	2.87
Accumulated straight stretches	67.244 Km
Straight stretches per km	542.99 m
Penalizable slope changes	13
Penalizable slope changes per km	0.105

Find The Best bike routes

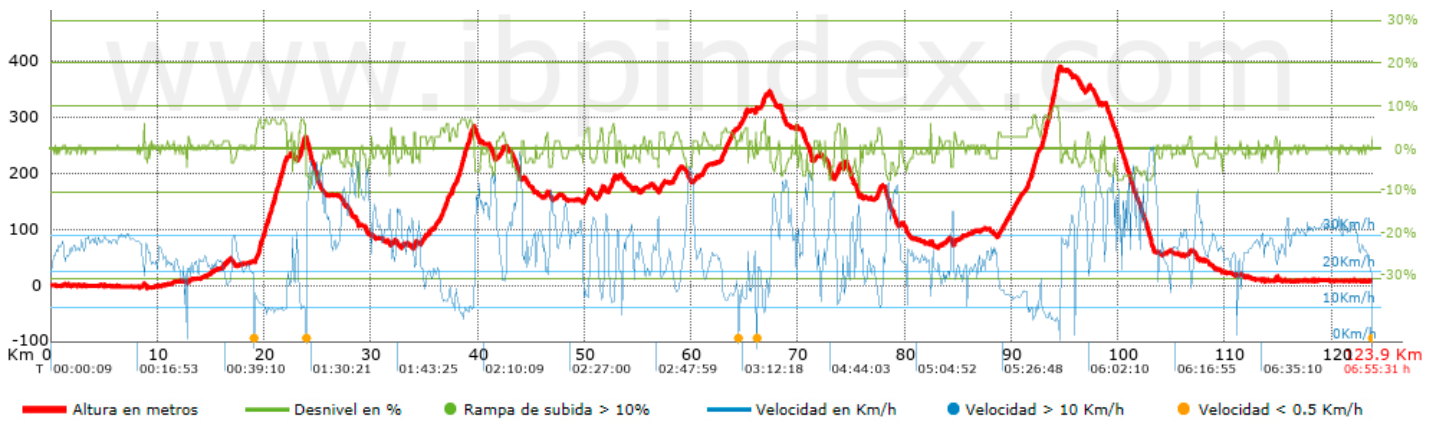


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0	0	0	0:00:00
	Between 10 and 15%	0.044	0.04	0	0:00:00
	Between 5 and 10%	9.775	7.89	10.8	0:54:19
	Between 1 and 5%	29.323	23.68	19.29	1:31:12
	<b>Total :</b>	<b>39.142</b>	<b>31.61</b>	<b>16.14</b>	<b>2:25:31</b>
	<b>Plain</b>				
	Difference of 1%	44.225	35.71	26.98	1:38:20
	<b>Breakdown descents</b>				
	Between 1 and 5%	30.634	24.74	29.74	1:01:48
	Between 5 and 10%	9.819	7.93	38.97	0:15:07
Between 10 and 15%	0.043	0.03	51.85	0:00:03	
Between 15 and 30%	0	0	0	0:00:00	
<b>Total :</b>	<b>40.496</b>	<b>32.7</b>	<b>31.57</b>	<b>1:16:58</b>	
<b>Total track :</b>	<b>123.84</b>	<b>100 %</b>	<b>23.16</b>	<b>5:20:49</b>	

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**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
18.965	0:19:30 > 10´	43	0:46:13	0:46:13	18.965
23.879	0:01:34	264	1:28:04	0:41:51	4.915
64.371	0:01:42	279	3:08:49	1:40:45	40.492
66.054	1:11:59 > 10´	309	3:16:32	0:07:43 < 10´	1.682
<b>Total :</b> 1:34:45 h					