

Track: jerica_barracas_montanejos_montan_torralba_caudiel_jerica_lostrancos_jerica.gpx

These speeds are average for = BYC

IBP index reliability= B

IBP = 155 BYC

Total length	124.72 Km
Analyzed distance	124.72 Km
Lineal distance	0.06 Km

Accumulated climb	2299.2 m
Accumulated descent	2288.6 m
Maximum height	997 m
Minimal height	429.8 m
Climb rate	4.76 %
Descent rate	4.22 %
Positive climb difference per km	18.43 m
Negative descent difference per km	18.35 m

Total time	7:28:58 h
Time in movement	5:45:28 h
Stopped time	1:43:30 h

Total speed average	16.67 Km/h
Average speed in movement	21.66 Km/h
Maximum held speed	60.72 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	9553 (cad. 13.06 m)
Significant points	3511 (cad. 35.53 m / 36.75 %)
Aberrant points	1 (0.01 % d. total)

Direction changes per km	9.96
Direction changes >5° per km	5.39
Accumulated straight stretches	38.928 Km
Straight stretches per km	312.12 m
Penalizable slope changes	19
Penalizable slope changes per km	0.152

Find The Best bike routes



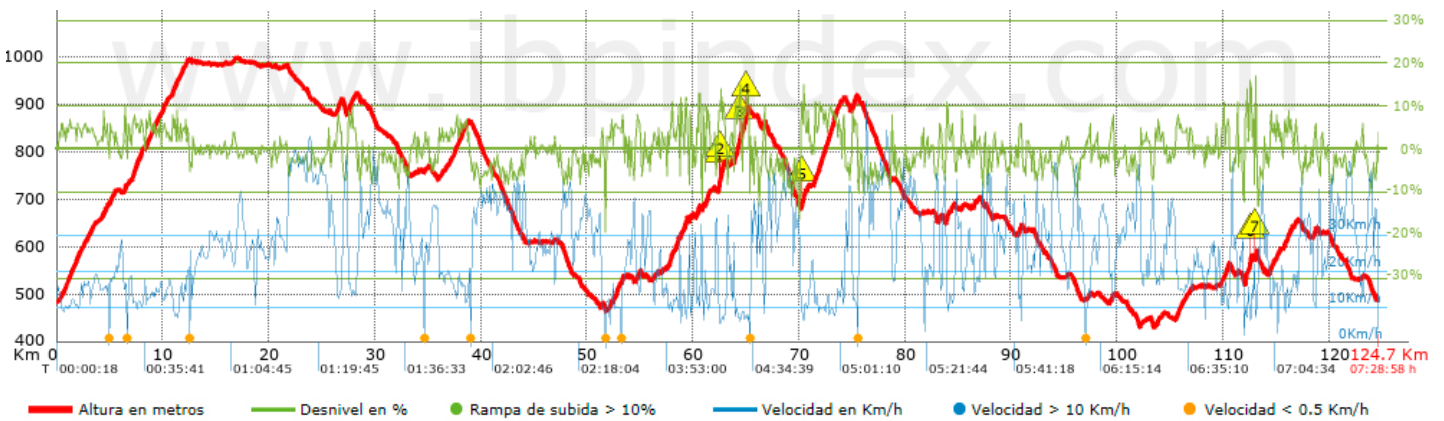
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.243	0.19	7.74	0:01:53	
	Between 10 and 15%	2.317	1.86	10.12	0:13:44	
	Between 5 and 10%	16.712	13.4	12.43	1:20:39	
	Between 1 and 5%	28.991	23.25	17.4	1:39:59	
	Total :	48.263	38.7	14.76	3:16:15	
	Plain					
	Difference of 1%	22.196	17.8	25.42	0:52:24	
	Breakdown descents					
	Between 1 and 5%	35.797	28.7	32.37	1:06:21	
	Between 5 and 10%	17.206	13.8	38.19	0:27:02	
Between 10 and 15%	1.143	0.92	20.37	0:03:22		
Between 15 and 30%	0.11	0.09	98.57	0:00:04		
Total :	54.256	43.5	33.62	1:36:49		
Total track :	124.72	100 %	21.66	5:45:28		

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Steep slopes > 10%

Step	Slipage point	Average slope	Interval
	62.503	14 %	99 m
	62.602	11 %	99 m
	64.347	12 %	170 m
	64.959	11 %	139 m
	112.521	13 %	100 m
	113.01	14 %	134 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
4.901	0:01:57	689	0:20:18	0:20:18	4.901
6.642	0:01:30	731	0:27:14	0:06:56 < 10´	1.741
12.504	0:01:35	996	0:53:31	0:26:17	5.862
34.585	0:01:27	758	1:40:18	0:46:47	22.08
39.049	0:05:08	862	1:54:37	0:14:19	4.465
51.725	1:09:34 > 10´	479	2:23:28	0:28:51	12.676
53.15	0:01:36	522	3:39:50	1:16:22	1.425
65.265	0:01:32	893	4:32:25	0:52:35	12.115
75.509	0:04:11	919	5:06:24	0:33:59	10.244
96.886	0:15:00 > 10´	485	5:56:40	0:50:16	21.377
Total : 1:43:30 h					