

Track: jerica_montanejos_olba_rubielosmora_ventadelaire_barracas_toras_jerica.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 106 BYC

Total length	103.1 Km
Analyzed distance	103.1 Km
Lineal distance	0.04 Km

Accumulated climb	1655.95 m
Accumulated descent	1642.2 m
Maximum height	1000.2 m
Minimal height	465.8 m
Climb rate	4.22 %
Descent rate	3.88 %
Positive climb difference per km	16.06 m
Negative descent difference per km	15.93 m

Total time	5:43:47 h
Time in movement	4:25:14 h
Stopped time	1:18:33 h

Total speed average	17.99 Km/h
Average speed in movement	23.32 Km/h
Maximum held speed	60.99 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	7506 (cad. 13.74 m)
Significant points	2842 (cad. 36.29 m / 37.86 %)
Aberrant points	1 (0.01 % d. total)

Direction changes per km	8.83
Direction changes >5° per km	4.19
Accumulated straight stretches	38.798 Km
Straight stretches per km	376.31 m
Penalizable slope changes	14
Penalizable slope changes per km	0.136

Find The Best bike routes

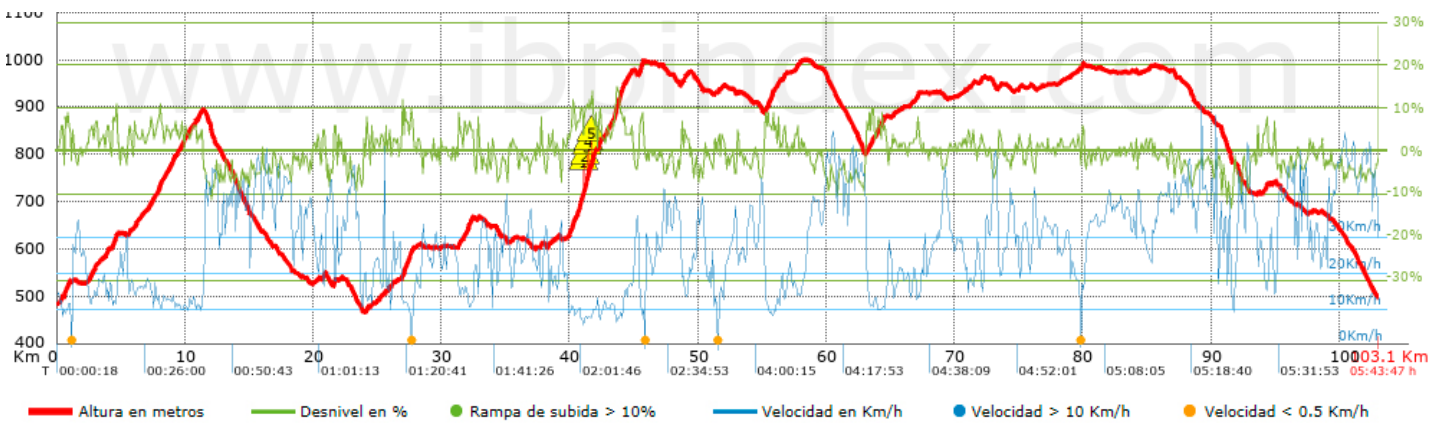
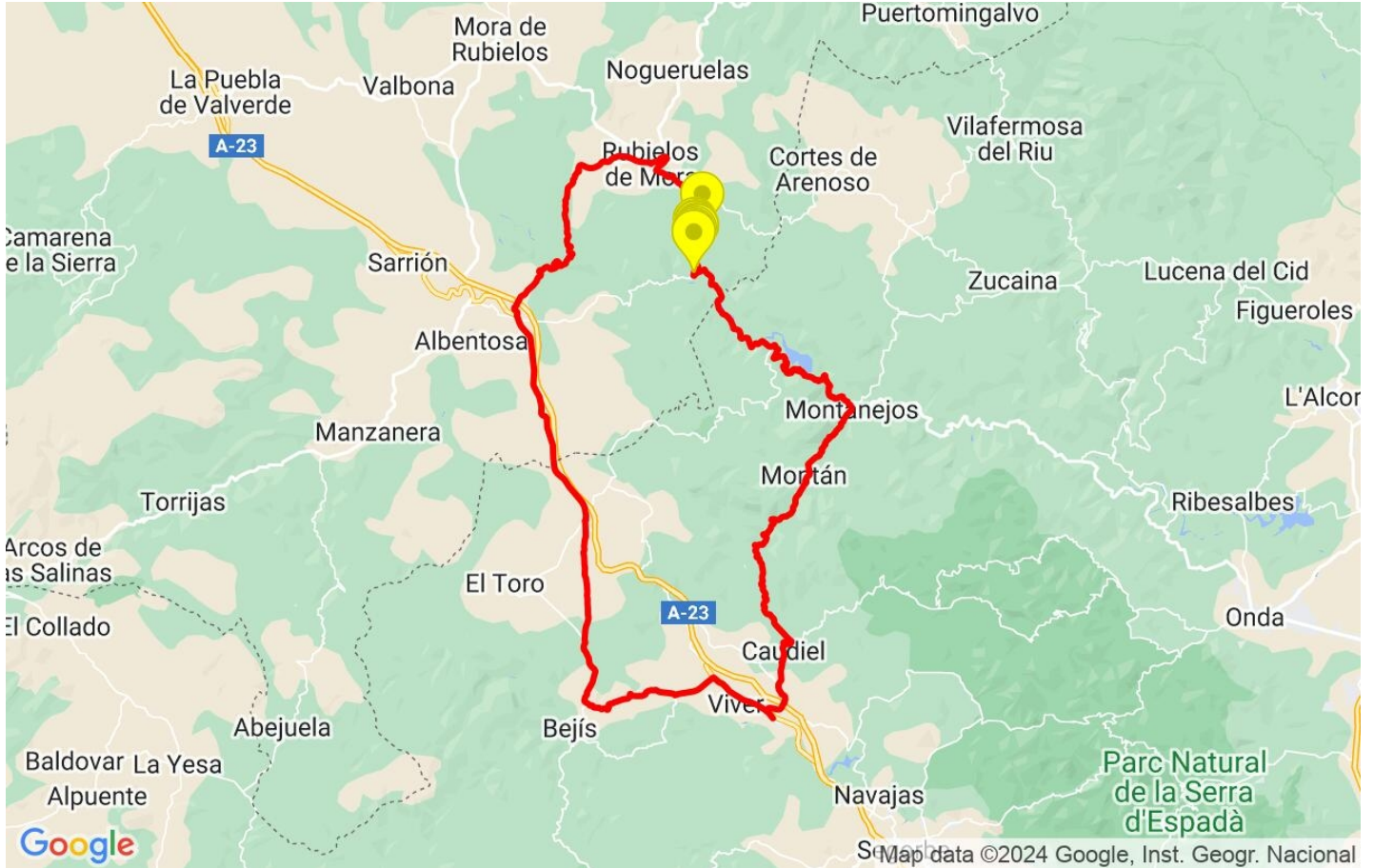


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.064	0.06	9.18	0:00:25	
	Between 10 and 15%	1.286	1.25	9.22	0:08:22	
	Between 5 and 10%	10.888	10.56	13.12	0:49:47	
	Between 1 and 5%	26.972	26.16	18.16	1:29:08	
	Total :	39.209	38.03	15.93	2:27:42	
	Plain					
	Difference of 1%	21.513	20.87	27.49	0:46:57	
	Breakdown descents					
	Between 1 and 5%	30.599	29.68	35.24	0:52:06	
	Between 5 and 10%	11.012	10.68	39.02	0:16:56	
Between 10 and 15%	0.768	0.75	29.75	0:01:33		
Between 15 and 30%	0	0	0	0:00:00		
Total :	42.379	41.1	36.02	1:10:35		
Total track :	103.1	100 %	23.32	4:25:14		

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Steep slopes > 10%

Steep slope	Slipage point	Average slope	Interval
	41.066	12 %	130 m
	41.461	11 %	100 m
	41.659	12 %	99 m

High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
1.073	0:02:47	532	0:05:07	0:05:07 < 10´	1.073
27.577	0:01:17	586	1:22:14	1:17:07	26.504
45.808	0:03:36	999	2:27:26	1:05:12	18.232
51.491	1:08:48 > 10´	930	2:44:21	0:16:55	5.682
79.781	0:01:59	981	5:02:12	2:17:51	28.29
103.1	0:00:06	498	5:43:41	0:41:29	23.319
Total : 1:18:33 h					