

Track: Jerica_Montanejos_Torrechiva_Torralba-track.gpx

Date: 13/02/2015

Track: Jerica_Montanejos_Torrechiva_Torralba-track.gpx
 Detected modality = BYC
 IBP index reliability= A

IBP = 117 BYC

Total length	89.153 Km
Analyzed distance	89.153 Km
Lineal distance	0.076 Km
Accumulated climb	1736 m
Accumulated descent	1714.4 m
Maximum height	916.4 m
Minimal height	308.6 m
Climb rate	5.78 %
Descent rate	4.91 %
Positive climb difference per	19.47 m
Negative descent difference per	19.23 m

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	9154 (cad. 9.74 m)
Significant points	2376 (cad. 37.54 m / 25.96 %)
Aberrant points	164 (1.79 % d. total)

Direction changes per	8.66
Direction changes >5° per	6.14
Accumulated straight stretches	19.28 Km
Straight stretches per	216.26 m
Penalizable slope changes	12
Penalizable slope changes per	0.135

Total time	6:25:00 h
Time in movement	4:45:19 h
Stopped time	1:39:41 h

Total speed average	13.89 Km/h
Average speed in movement	18.75 Km/h
Maximum held speed	63.23 Km/h

Find The Best bike routes



Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.119	0.13	6.05	0:01:11	
	Between 10 and 15%	2.095	2.35	7.36	0:17:05	
	Between 5 and 10%	15.404	17.28	10.59	1:27:17	
	Between 1 and 5%	12.424	13.94	14.24	0:52:21	
	Total :	30.041	33.7	11.42	2:37:54	
	Plain					
	Difference of 1%	24.153	27.09	21.52	1:07:20	
	Breakdown descents					
	Between 1 and 5%	19.061	21.38	35.26	0:32:26	
	Between 5 and 10%	15.08	16.91	36.14	0:25:02	
Between 10 and 15%	0.632	0.71	19.28	0:01:58		
Between 15 and 30%	0.159	0.18	14.68	0:00:39		
Total :	34.932	39.18	34.88	1:00:05		
Total track :	89.153	100 %	18.75	4:45:19		

Track: Jerica_Montanejos_Torrechiva_Torralba-track.gpx

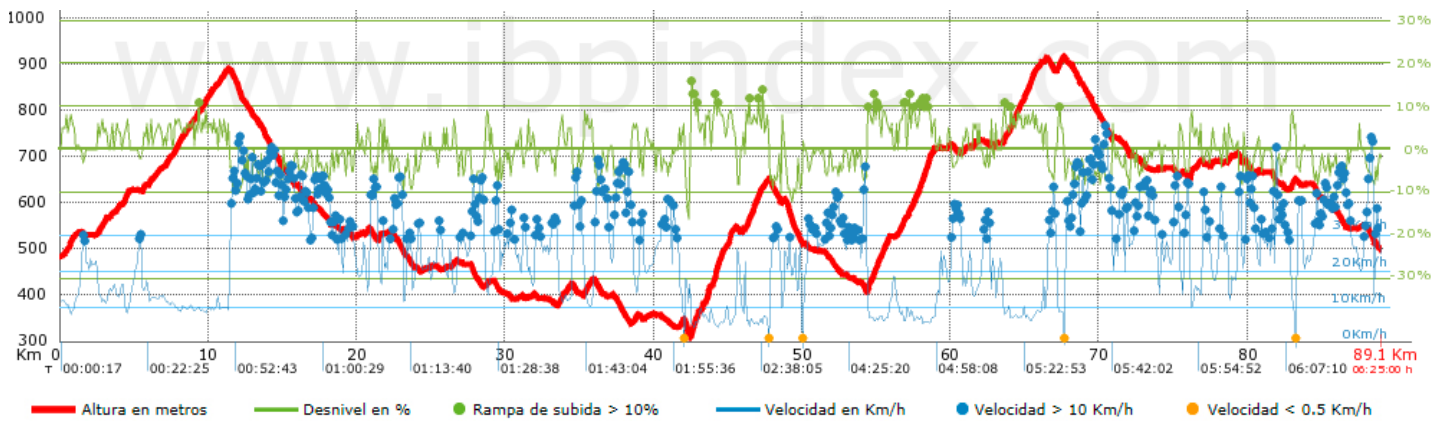
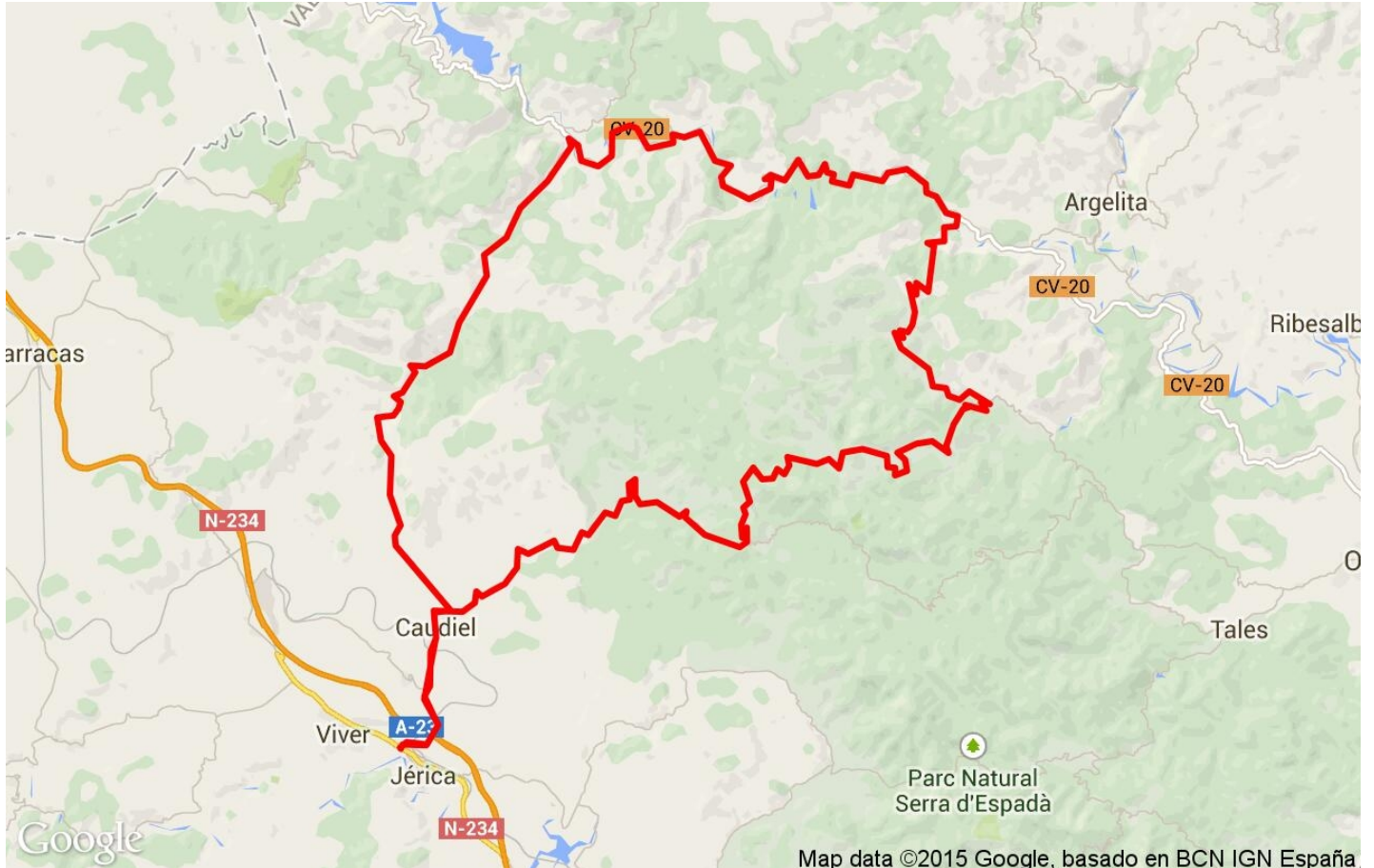
Date: 13/02/2015

Track: Jerica_Montanejos_Torrechiva_Torralba-track.gpx

Detected modality = BYC

IBP index reliability= A

IBP = 117 BYC



High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
42.022	0:03:10	346	1:57:31	1:57:31	42.022
47.724	0:04:39	650	2:41:13	0:43:42	5.703
50.047	1:26:31 > 10'	509	2:53:04	0:11:51	2.323

83.24	0:05:21	649	6:09:08	3:16:04	33.193
Total :		1:39:41 h			