

Track: LaPortera_Cofrentes_Moragete_Caroche-track.gpx

Date: 13/02/2015

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 Detected modality = BYC
 IBP index reliability= A

IBP = 144 BYC

Total length	125.283 Km
Analyzed distance	125.283 Km
Lineal distance	0.028 Km

Accumulated climb	2070.2 m
Accumulated descent	2072.2 m
Maximum height	870.6 m
Minimal height	355.2 m
Climb rate	5.35 %
Descent rate	4.73 %
Positive climb difference per	16.52 m
Negative descent difference per	16.54 m

Total time	7:50:24 h
Time in movement	6:12:42 h
Stopped time	1:37:42 h

Total speed average	15.98 Km/h
Average speed in movement	20.17 Km/h
Maximum held speed	58.64 Km/h

Max slope filter	~30 %
Min. pons separation	~30 m
Number of points	10979 (cad. 11.41 m)
Significant points	3215 (cad. 38.98 m / 29.28 %)
Aberrant points	204 (1.86 % d. total)

Direction changes per	7.82
Direction changes >5° per	4.12
Accumulated straight stretches	48.559 Km
Straight stretches per	387.59 m
Penalizable slope changes	18
Penalizable slope changes per	0.144

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.094	0.07	7.19	0:00:47
	Between 10 and 15%	2.193	1.75	7.91	0:16:38
	Between 5 and 10%	18.298	14.61	11.12	1:38:42
	Between 1 and 5%	18.136	14.48	14.71	1:13:58
	Total :	38.72	30.91	12.22	3:10:05
	Plain				
	Difference of 1%	42.787	34.15	22.63	1:53:28
	Breakdown descents				
	Between 1 and 5%	23.642	18.87	36.64	0:38:43
	Between 5 and 10%	19.503	15.57	40.01	0:29:15
Between 10 and 15%	0.595	0.47	31.95	0:01:07	
Between 15 and 30%	0.036	0.03	32.62	0:00:04	
Total :	43.776	34.94	37.98	1:09:09	
Total track :	125.283	100 %	20.17	6:12:42	

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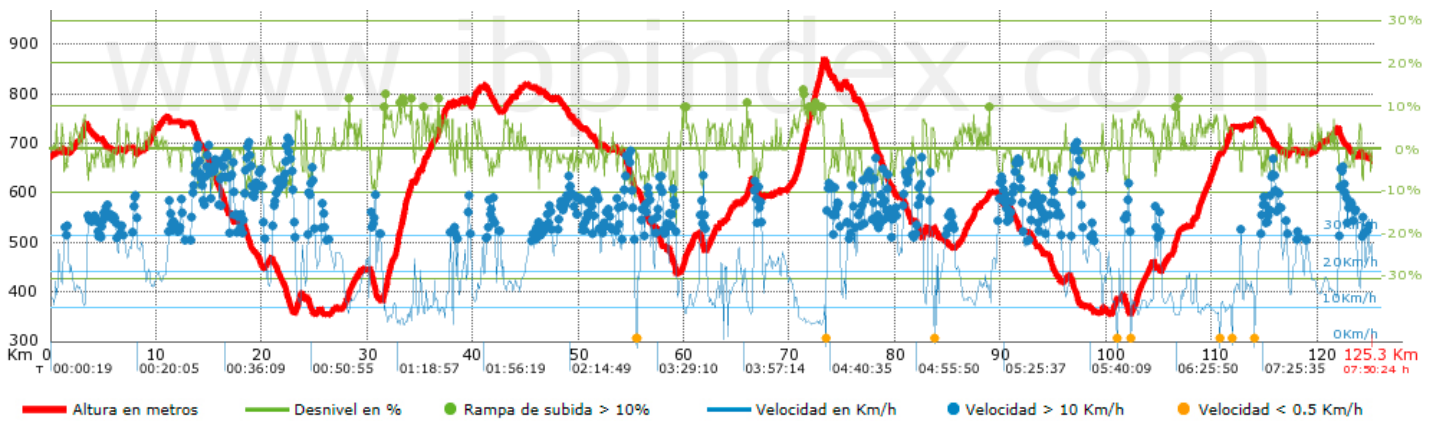
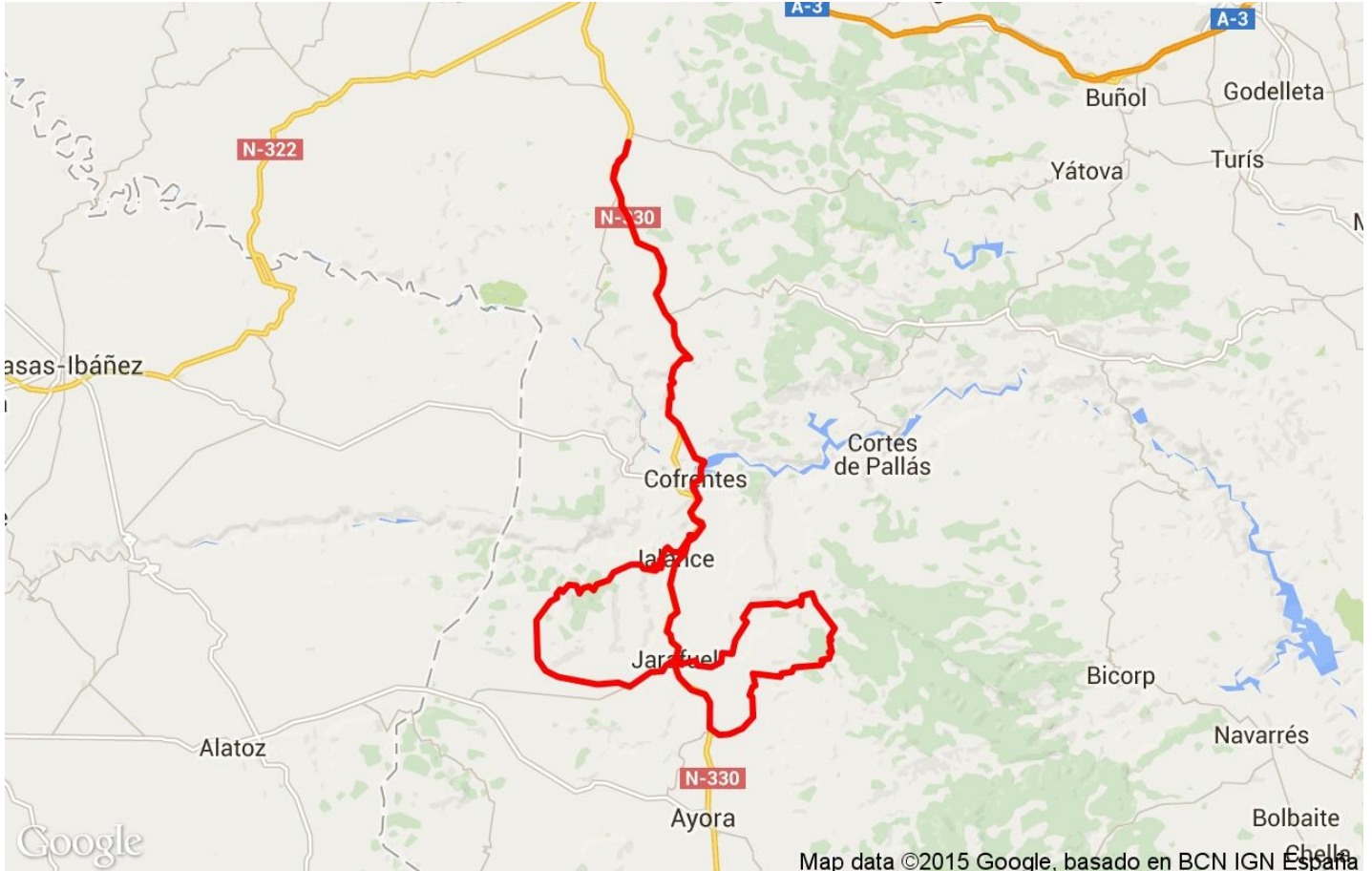
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
55.483	0:58:52 > 10'	608	2:26:40	2:26:40	55.483	
73.384	0:04:30	868	4:35:17	2:08:37	17.901	
101.045	0:13:13 > 10'	385	5:49:06	1:13:49	27.661	

110.696	0:09:04	676	6:46:36	0:57:30	9.651
114.024	0:12:03 > 10´	737	7:11:30	0:24:54	3.328
Total : 1:37:42 h					