

Track: laportera\_cofrentes\_moragete\_jarafuel\_jalance\_saltohe\_casario-track.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 102 BYC**

Total length	94.18 Km
Analyzed distance	94.18 Km
Lineal distance	0.01 Km

Accumulated climb	1592.6 m
Accumulated descent	1539.2 m
Maximum height	815.8 m
Minimal height	342 m
Climb rate	4.6 %
Descent rate	4.18 %
Positive climb difference per km	16.91 m
Negative descent difference per km	16.34 m

Total time	4:59:27 h
Time in movement	3:54:21 h
Stopped time	1:05:06 h

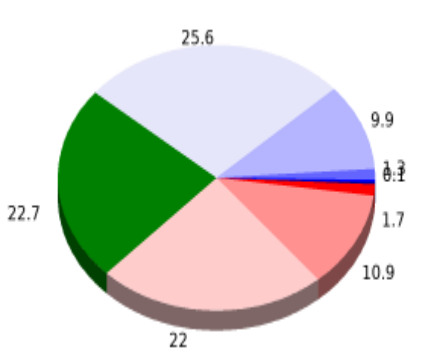
Total speed average	18.87 Km/h
Average speed in movement	24.11 Km/h
Maximum held speed	62.04 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4248 (cad. 22.17 m)
Significant points	2174 (cad. 43.34 m / 51.18 %)
Aberrant points	0 (0 % d. total)

Direction changes per km	7.24
Direction changes >5° per km	4.69
Accumulated straight stretches	30.673 Km
Straight stretches per km	325.68 m
Penalizable slope changes	13
Penalizable slope changes per km	0.138

Find The Best bike routes



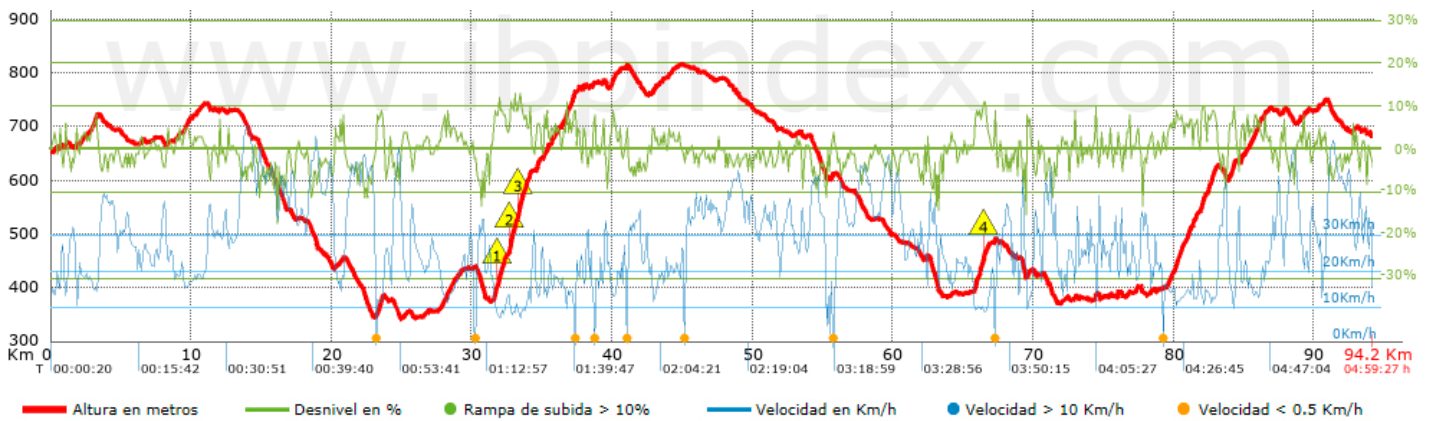
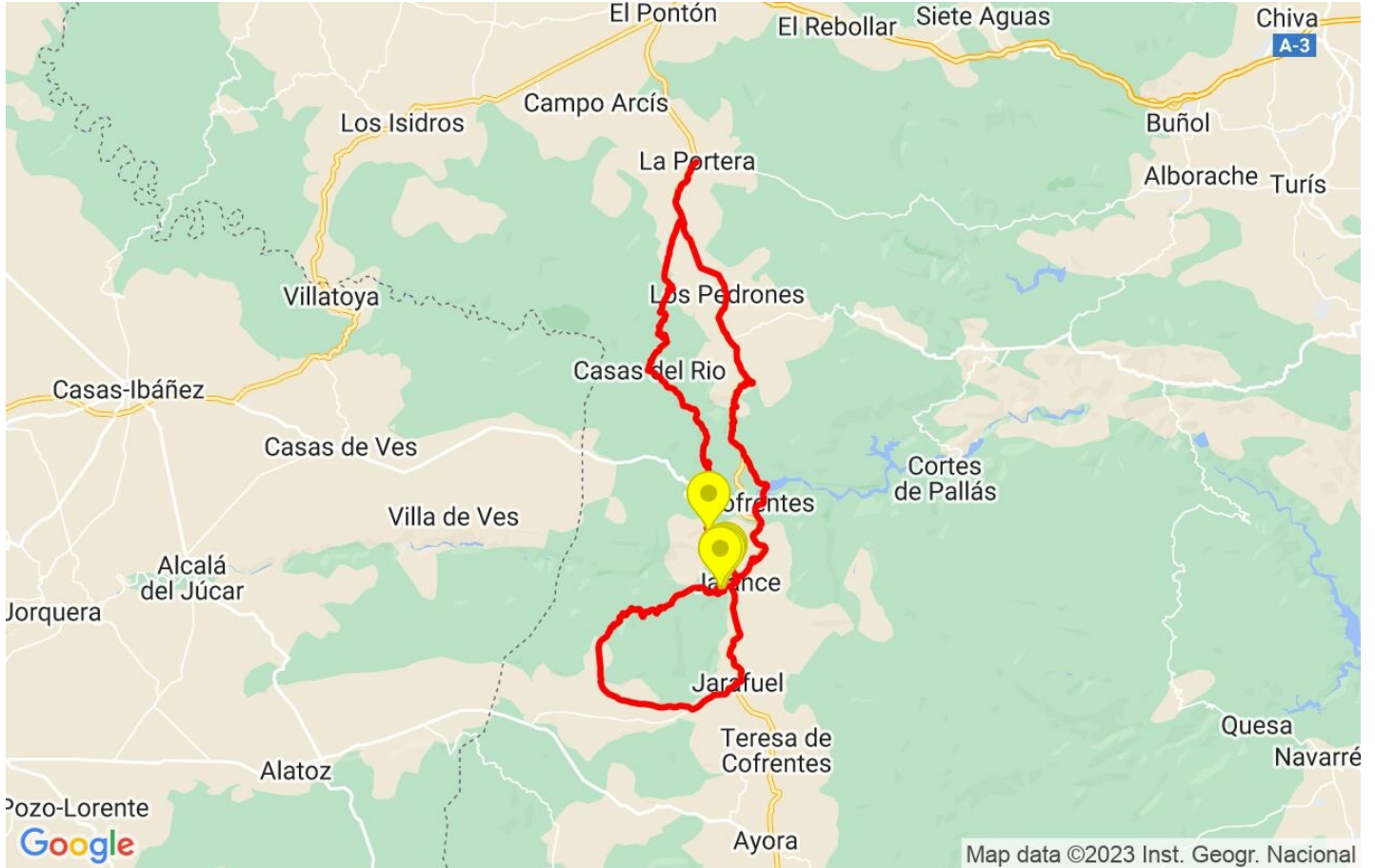
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.035	0.04	8.9	0:00:14
	Between 10 and 15%	1.68	1.78	10	0:10:05
	Between 5 and 10%	10.855	11.53	13.99	0:46:34
	Between 1 and 5%	22.041	23.4	20.08	1:05:51
	<b>Total :</b>	<b>34.611</b>	<b>36.75</b>	<b>16.92</b>	<b>2:02:44</b>
	<b>Plain</b>				
	Difference of 1%	22.741	24.15	26.99	0:50:33
	<b>Breakdown descents</b>				
	Between 1 and 5%	25.58	27.16	35.11	0:43:43
	Between 5 and 10%	9.87	10.48	40.79	0:14:31
Between 10 and 15%	1.266	1.34	29.02	0:02:37	
Between 15 and 30%	0.108	0.11	29.89	0:00:13	
<b>Total :</b>	<b>36.824</b>	<b>39.1</b>	<b>36.18</b>	<b>1:01:04</b>	
<b>Total track :</b>	<b>94.18</b>	<b>100 %</b>	<b>24.11</b>	<b>3:54:21</b>	

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**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	31.78	11 %	181 m
	32.698	12 %	327 m
	33.279	12 %	301 m
	66.436	11 %	138 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
23.073	0:02:16	345	0:46:34	0:46:34	23.073
30.192	0:01:26	438	1:09:25	0:22:51	7.12
37.322	0:02:51	760	1:39:59	0:30:34	7.13
38.726	0:01:47	780	1:46:38	0:06:39 < 10´	1.404
45.136	0:02:17	815	2:08:53	0:22:15	6.41
55.612	0:47:33 > 10´	603	2:31:12	0:22:19	10.476
67.227	0:02:33	488	3:45:39	1:14:27	11.616
79.24	0:04:23	398	4:16:51	0:31:12	12.012
<b>Total :</b> 1:05:06 h					