

Track: Lliria_Cheste_Marjana_Gestalgar_Casinos-track.gpx

Date: 13/02/2015

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 Detected modality = BYC
 IBP index reliability= A

IBP = 92 BYC

Total length	92.815 Km
Analyzed distance	92.815 Km
Lineal distance	0.46 Km
Accumulated climb	1318.63 m
Accumulated descent	1313.2 m
Maximum height	766.4 m
Minimal height	96 m
Climb rate	4.7 %
Descent rate	4.89 %
Positive climb difference per	14.21 m
Negative descent difference per	14.15 m

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	7372 (cad. 12.59 m)
Significant points	2271 (cad. 40.89 m / 30.81 %)
Aberrant points	42 (0.57 % d. total)

Direction changes per	8.59
Direction changes >5° per	4.19
Accumulated straight stretches	41.765 Km
Straight stretches per	449.98 m
Penalizable slope changes	11
Penalizable slope changes per	0.119

Total time	5:19:26 h
Time in movement	4:17:19 h
Stopped time	1:02:07 h

Total speed average	17.43 Km/h
Average speed in movement	21.64 Km/h
Maximum held speed	60.77 Km/h

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.061	0.07	10.54	0:00:21	
	Between 10 and 15%	1.052	1.13	9.21	0:06:51	
	Between 5 and 10%	11.323	12.2	13.07	0:52:00	
	Between 1 and 5%	15.607	16.82	18.36	0:51:01	
	Total :	28.044	30.21	15.27	1:50:13	
	Plain					
	Difference of 1%	37.905	40.84	23.46	1:36:56	
	Breakdown descents					
	Between 1 and 5%	14.792	15.94	33.1	0:26:49	
	Between 5 and 10%	11.206	12.07	31.1	0:21:37	
Between 10 and 15%	0.806	0.87	30.23	0:01:36		
Between 15 and 30%	0.062	0.07	27.86	0:00:08		
Total :	26.866	28.95	32.13	0:50:10		
Total track :	92.815	100 %	21.64	4:17:19		

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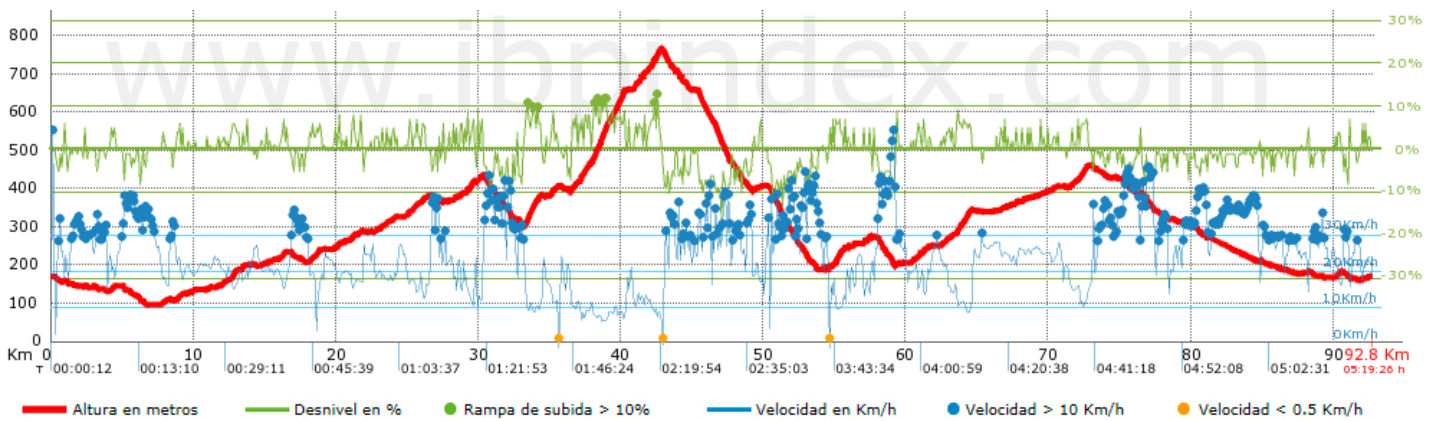
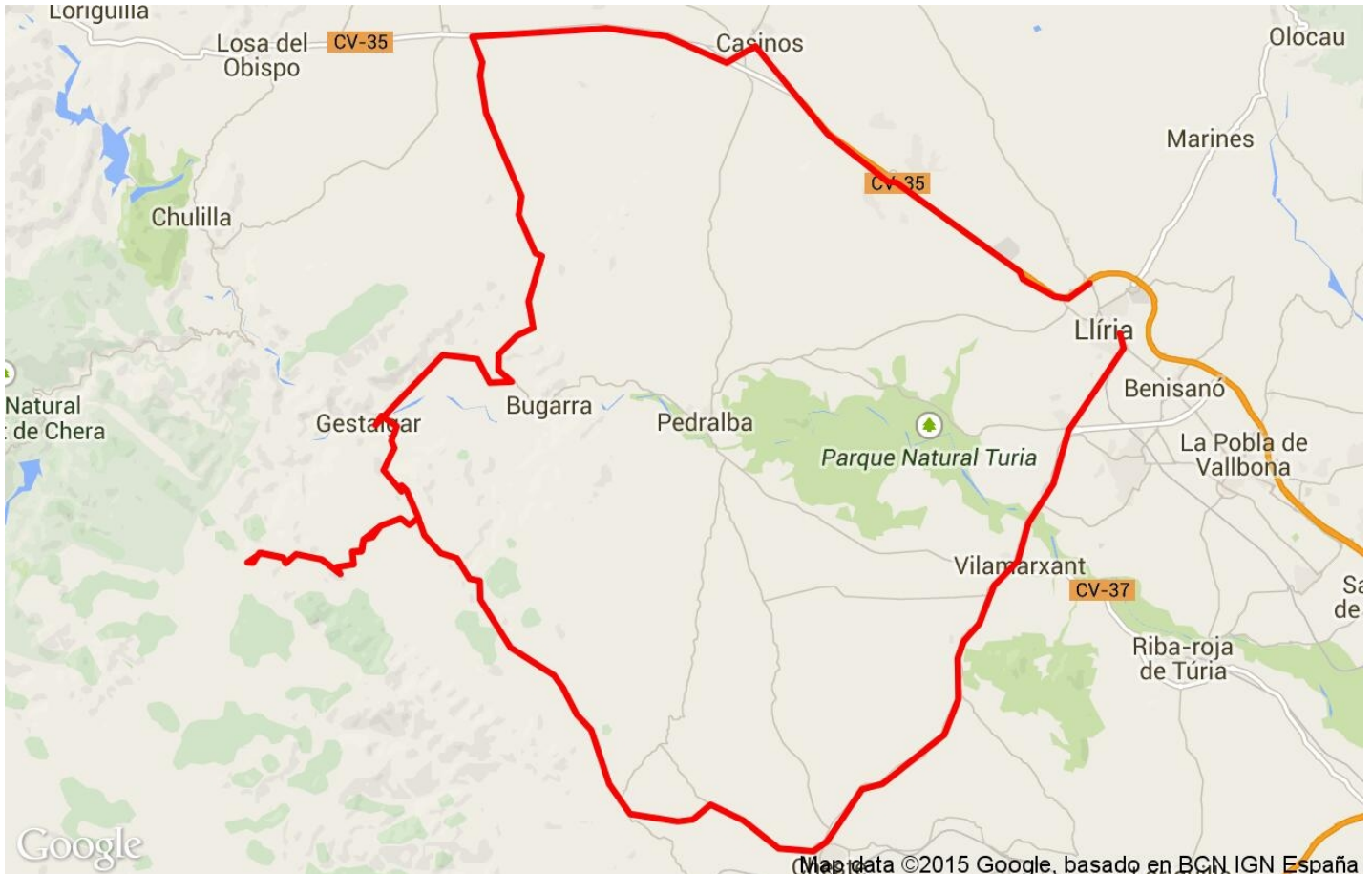
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total :	0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
35.563	0:05:50	404	1:36:42	1:36:42	35.563
54.588	0:56:17 > 10'	188	2:46:32	1:09:50	19.024
Total : 1:02:07 h					