

Track: onda_embalsesichar_laspedrizas_lalcora_lucena_lalcora_araia_embalsesichar.gpx

These speeds are average for = BYC

IBP index reliability= A

IBP = 93 BYC

Total length	97.47 Km
Analyzed distance	97.47 Km
Lineal distance	0.03 Km

Accumulated climb	1453.6 m
Accumulated descent	1402.6 m
Maximum height	617.2 m
Minimal height	95.2 m
Climb rate	4.03 %
Descent rate	4.02 %
Positive climb difference per km	14.91 m
Negative descent difference per km	14.39 m

Total time	5:46:07 h
Time in movement	4:26:18 h
Stopped time	1:19:49 h

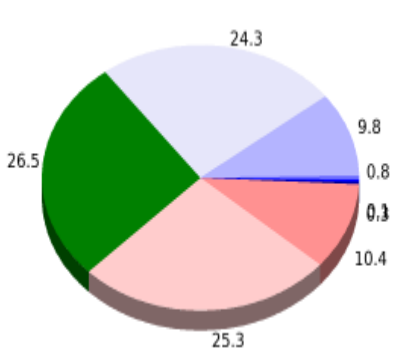
Total speed average	16.9 Km/h
Average speed in movement	21.96 Km/h
Maximum held speed	62.42 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	4291 (cad. 22.72 m)
Significant points	2270 (cad. 42.96 m / 52.9 %)
Aberrant points	3 (0.07 % d. total)

Direction changes per km	7.19
Direction changes >5° per km	4.32
Accumulated straight stretches	32.423 Km
Straight stretches per km	332.65 m
Penalizable slope changes	14
Penalizable slope changes per km	0.144

Find The Best bike routes

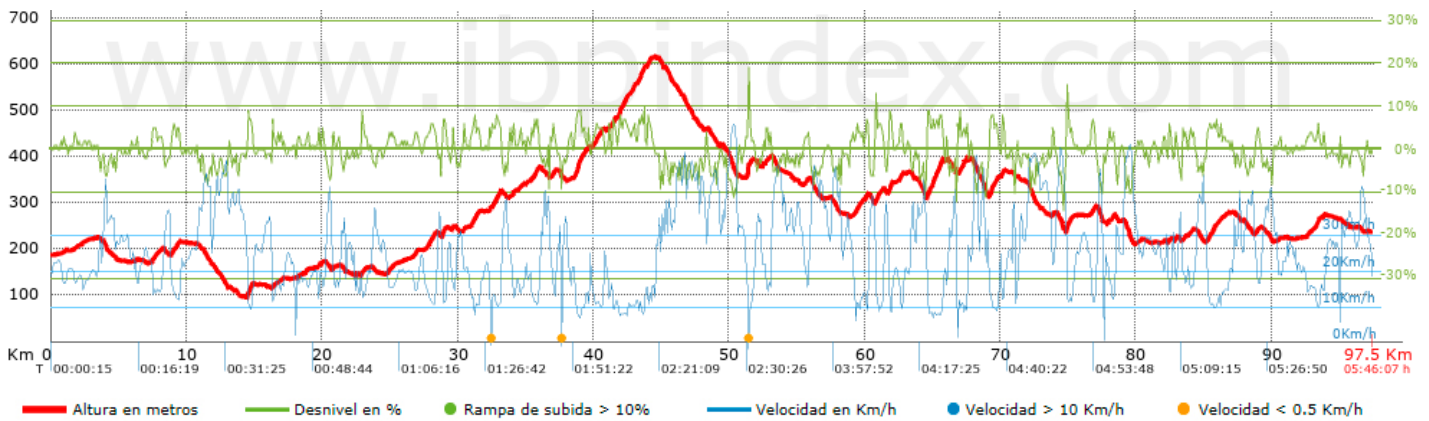


Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.089	0.09	16.85	0:00:19
	Between 10 and 15%	0.287	0.29	12.59	0:01:22
	Between 5 and 10%	10.447	10.72	11.9	0:52:41
	Between 1 and 5%	25.282	25.94	16.94	1:29:32
	Total :	36.105	37.04	15.05	2:23:54
	Plain				
	Difference of 1%	26.488	27.18	24.83	1:04:01
	Breakdown descents				
	Between 1 and 5%	24.302	24.93	33.92	0:42:59
	Between 5 and 10%	9.788	10.04	41.12	0:14:17
Between 10 and 15%	0.788	0.81	42.33	0:01:07	
Between 15 and 30%	0	0	0	0:00:00	
Total :	34.878	35.78	35.84	0:58:23	
Total track :	97.47	100 %	21.96	4:26:18	

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High altitude parameters, data above

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
32.421	0:02:43	288	1:27:41	1:27:41	32.421
37.644	0:03:07	362	1:46:17	0:18:36	5.224
51.409	1:13:59 > 10´	362	2:30:59	0:44:42	13.764
Total : 1:19:49 h					