

Track: Soneja_Almedijar_Tales_Sueras_Eslida_Soneja.gpx

Date: 19/02/2015

 Track: Soneja_Almedijar_Tales_Sueras_Eslida_Soneja.gpx
 Detected modality = BYC
 IBP index reliability= A

IBP = 108 BYC

Total length	85.174 Km
Analyzed distance	85.174 Km
Lineal distance	0.026 Km
Accumulated climb	1681.6 m
Accumulated descent	1676.4 m
Maximum height	796.4 m
Minimal height	206.8 m
Climb rate	5.58 %
Descent rate	4.73 %
Positive climb difference per	19.74 m
Negative descent difference per	19.68 m

Max slope filter	~30 %
Min. pnts separation	~30 m
Number of points	8508 (cad. 10.01 m)
Significant points	2262 (cad. 37.67 m / 26.59 %)
Aberrant points	51 (0.6 % d. total)

Direction changes per	8.18
Direction changes >5° per	6.41
Accumulated straight stretches	17.162 Km
Straight stretches per	201.49 m
Penalizable slope changes	10
Penalizable slope changes per	0.117

Total time	5:30:04 h
Time in movement	4:19:35 h
Stopped time	1:10:29 h

Total speed average	15.48 Km/h
Average speed in movement	19.69 Km/h
Maximum held speed	54.95 Km/h

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0.029	0.03	9.54	0:00:11
	Between 10 and 15%	1.047	1.23	9.54	0:06:35
	Between 5 and 10%	16.709	19.62	11.22	1:29:19
	Between 1 and 5%	12.355	14.51	13.92	0:53:15
	Total :	30.14	35.39	12.11	2:29:20
	Plain				
	Difference of 1%	19.587	23	24.87	0:47:15
	Breakdown descents				
	Between 1 and 5%	22.316	26.2	37.77	0:35:27
	Between 5 and 10%	11.563	13.58	34.46	0:20:08
Between 10 and 15%	1.407	1.65	12.12	0:06:58	
Between 15 and 30%	0.162	0.19	21.58	0:00:27	
Total :	35.448	41.62	33.76	1:03:00	
Total track :	85.174	100 %	19.69	4:19:35	

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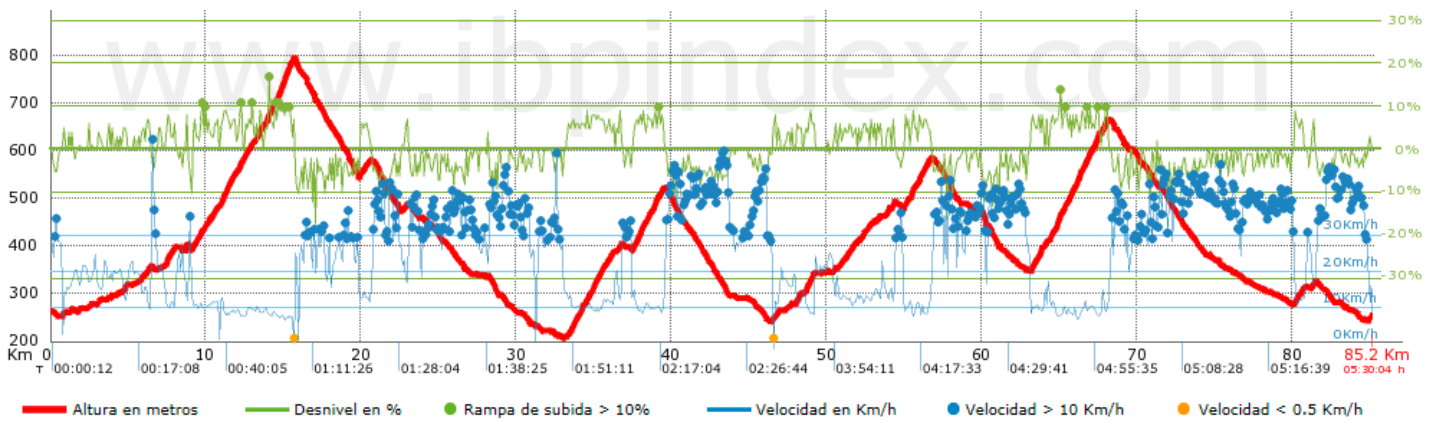
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
46.489	1:10:29 > 10'	241	2:29:17	2:29:17	46.489
Total : 1:10:29 h					