

Track: soneja\_chovar\_eslida\_betxi\_onda\_ain\_eslida\_soneja.gpx

These speeds are average for = BYC

IBP index reliability= A

**IBP = 94 BYC**

Total length	88.3 Km
Analyzed distance	88.3 Km
Lineal distance	0.01 Km

Accumulated climb	1492.4 m
Accumulated descent	1485 m
Maximum height	658.2 m
Minimal height	96.4 m
Climb rate	4.23 %
Descent rate	3.96 %
Positive climb difference per km	16.9 m
Negative descent difference per km	16.82 m

Total time	5:40:22 h
Time in movement	3:55:52 h
Stopped time	1:44:30 h

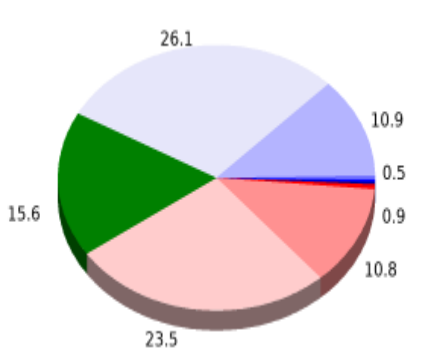
Total speed average	15.56 Km/h
Average speed in movement	22.46 Km/h
Maximum held speed	63.09 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	6617 (cad. 13.34 m)
Significant points	2485 (cad. 35.55 m / 37.55 %)
Aberrant points	1 (0.02 % d. total)

Direction changes per km	8.75
Direction changes >5° per km	5.33
Accumulated straight stretches	27.633 Km
Straight stretches per km	312.94 m
Penalizable slope changes	10
Penalizable slope changes per km	0.113

Find The Best bike routes



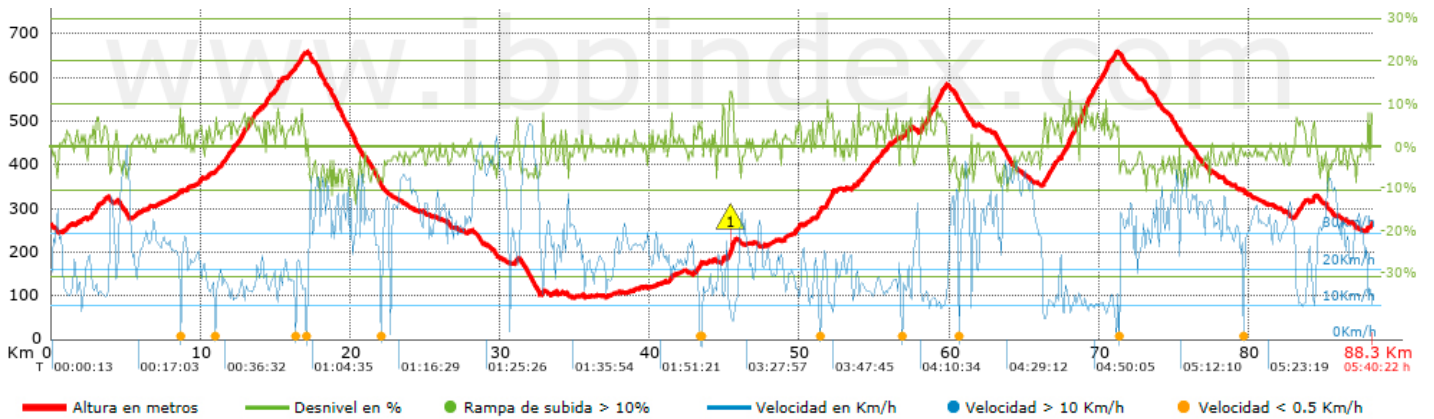
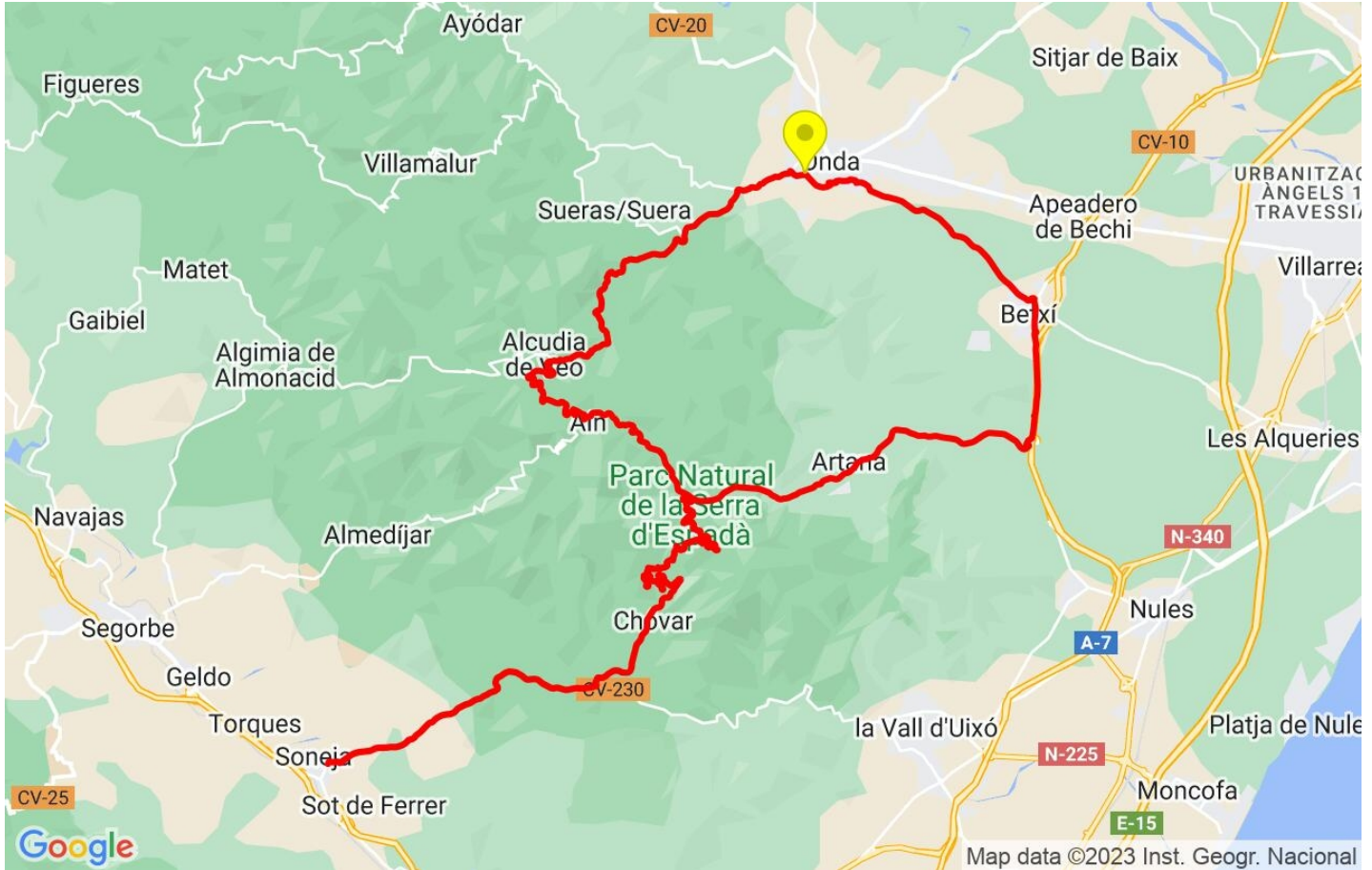
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0.037	0.04	0	0:00:00	
	Between 10 and 15%	0.893	1.01	9.87	0:05:26	
	Between 5 and 10%	10.84	12.28	13.72	0:47:25	
	Between 1 and 5%	23.488	26.6	17.86	1:18:54	
	<b>Total :</b>	<b>35.259</b>	<b>39.93</b>	<b>16.06</b>	<b>2:11:45</b>	
	<b>Plain</b>					
	Difference of 1%	15.564	17.63	25.42	0:36:44	
	<b>Breakdown descents</b>					
	Between 1 and 5%	26.08	29.54	31.94	0:49:00	
	Between 5 and 10%	10.858	12.3	37.37	0:17:26	
Between 10 and 15%	0.535	0.61	33.81	0:00:57		
Between 15 and 30%	0	0	0	0:00:00		
<b>Total :</b>	<b>37.474</b>	<b>42.44</b>	<b>33.37</b>	<b>1:07:23</b>		
<b>Total track :</b>	<b>88.3</b>	<b>100 %</b>	<b>22.46</b>	<b>3:55:52</b>		

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**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	45.335	11 %	200 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
8.624	0:03:19	337	0:22:54	0:22:54	8.624
16.324	0:01:52	622	0:52:42	0:29:48	7.7
17.006	0:06:48	657	0:56:47	0:04:05 < 10´	0.682
22.047	0:01:39	355	1:12:13	0:15:26	5.041
43.318	1:17:32 > 10´	166	1:58:25	0:46:12	21.271
51.303	0:01:15	290	3:42:32	1:44:07	7.986
56.767	0:03:39	461	4:03:08	0:20:36	5.464
60.649	0:03:07	549	4:20:24	0:17:16	3.882
71.293	0:05:19	658	4:59:22	0:38:58	10.644
<b>Total :</b> 1:44:30 h					