

Track: valld\_uixo\_artana\_eslida\_manantialesdecastro\_algimia\_valld\_uixo.gpx

These speeds are average for = BYC

IBP index reliability= B

**IBP = 111 BYC**

Total length	109.43 Km
Analyzed distance	109.43 Km
Lineal distance	0.02 Km

Accumulated climb	1673.8 m
Accumulated descent	1672.4 m
Maximum height	717.4 m
Minimal height	30.6 m
Climb rate	3.74 %
Descent rate	3.84 %
Positive climb difference per km	15.3 m
Negative descent difference per km	15.28 m

Total time	6:10:09 h
Time in movement	4:43:37 h
Stopped time	1:26:32 h

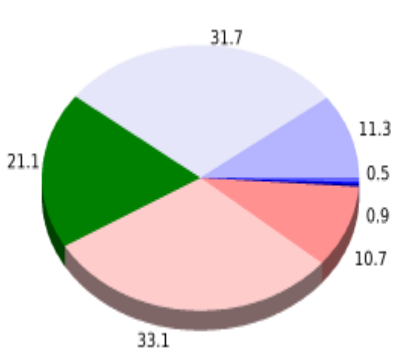
Total speed average	17.74 Km/h
Average speed in movement	23.15 Km/h
Maximum held speed	65.35 Km/h

Max slope filter	~30 %
Min. points separation	~30 m
Number of points	8294 (cad. 13.19 m)
Significant points	3074 (cad. 35.61 m / 37.06 %)
Aberrant points	1 (0.01 % d. total)

Direction changes per km	9.15
Direction changes >5° per km	4.83
Accumulated straight stretches	37.776 Km
Straight stretches per km	345.21 m
Penalizable slope changes	13
Penalizable slope changes per km	0.119

Find The Best bike routes



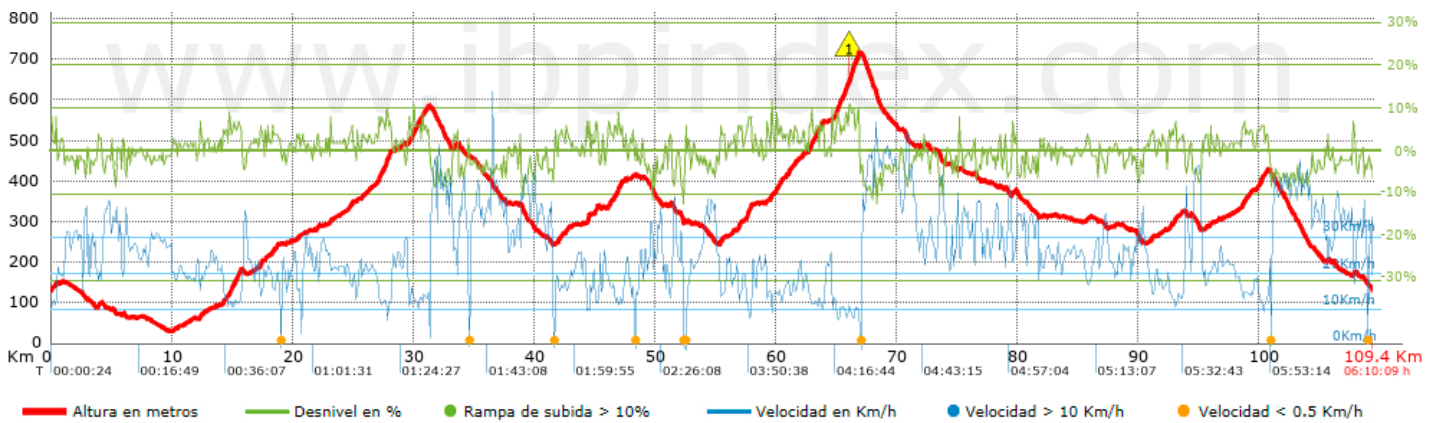
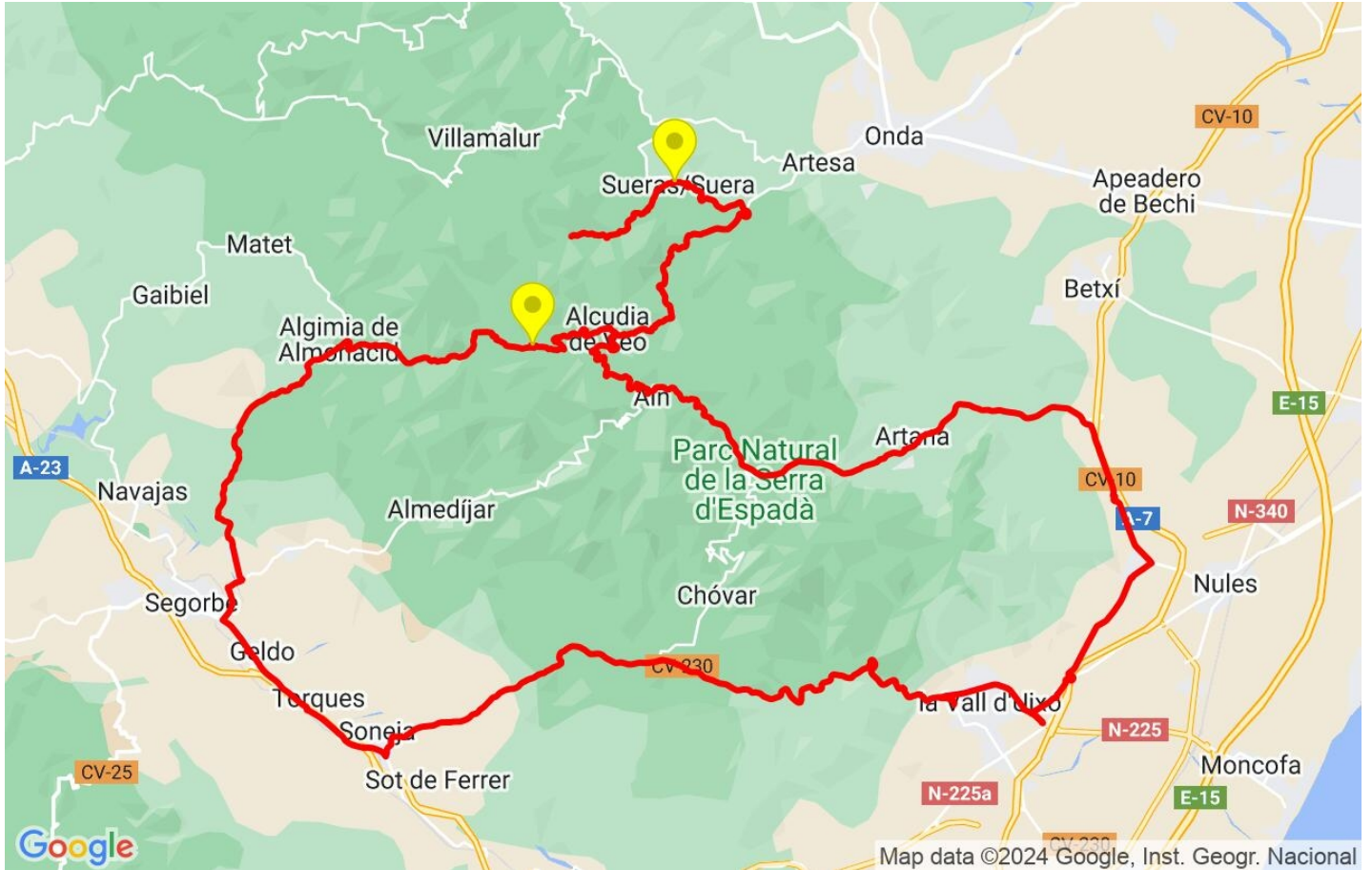
Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	0.9	0.82	10.49	0:05:09	
	Between 5 and 10%	10.746	9.82	13.7	0:47:04	
	Between 1 and 5%	33.093	30.24	19.23	1:43:15	
	<b>Total :</b>	<b>44.739</b>	<b>40.88</b>	<b>17.27</b>	<b>2:35:28</b>	
	<b>Plain</b>					
	Difference of 1%	21.124	19.3	25.49	0:49:43	
	<b>Breakdown descents</b>					
	Between 1 and 5%	31.711	28.98	31.61	1:00:12	
	Between 5 and 10%	11.277	10.31	40.68	0:16:38	
Between 10 and 15%	0.547	0.5	20.93	0:01:34		
Between 15 and 30%	0.036	0.03	64.96	0:00:02		
<b>Total :</b>	<b>43.571</b>	<b>39.81</b>	<b>33.33</b>	<b>1:18:26</b>		
<b>Total track :</b>	<b>109.43</b>	<b>100 %</b>	<b>23.15</b>	<b>4:43:37</b>		

Track: valld\_uixo\_artana\_eslida\_manantialesdecastro\_algimia\_valld\_uixo.gpx

These speeds are average for = BYC

IBP index reliability= B

**IBP = 111 BYC**



**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
	66.047	11 %	210 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
18.953	0:02:31	245	0:50:43	0:50:43	18.953
34.578	0:01:43	465	1:39:02	0:48:19	15.625
41.554	0:02:41	243	1:51:51	0:12:49	6.977
48.302	0:04:06	415	2:16:43	0:24:52	6.748
52.327	0:01:49	301	2:30:53	0:14:10	4.025
52.406	1:04:16 > 10´	293	2:32:52	0:01:59 < 10´	0.079
66.951	0:07:54	715	4:28:43	1:55:51	14.546
100.906	0:01:32	426	5:53:21	1:24:38	33.955
<b>Total :</b> 1:26:32 h					