

Track: ValIdeAlba_Benasal_Sarratella_Engarceran-track.gpx

Date: 13/02/2015

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 Detected modality = BYC
 IBP index reliability= A

IBP = 134 BYC

Total length	118.158 Km
Analyzed distance	118.158 Km
Lineal distance	0.007 Km

Accumulated climb	1978 m
Accumulated descent	1963.2 m
Maximum height	1034.8 m
Minimal height	273.2 m
Climb rate	5.47 %
Descent rate	4.56 %
Positive climb difference per	16.74 m
Negative descent difference per	16.62 m

Total time	6:26:02 h
Time in movement	5:21:14 h
Stopped time	1:04:48 h

Total speed average	18.36 Km/h
Average speed in movement	22.07 Km/h
Maximum held speed	62.09 Km/h

Max slope filter	~30 %
Min. pons separation	~30 m
Number of points	10094 (cad. 11.71 m)
Significant points	2955 (cad. 40 m / 29.27 %)
Aberrant points	173 (1.71 % d. total)

Direction changes per	7.78
Direction changes >5° per	3.33
Accumulated straight stretches	55.306 Km
Straight stretches per	468.07 m
Penalizable slope changes	21
Penalizable slope changes per	0.178

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 15 and 30%	0	0	0	0:00:00	
	Between 10 and 15%	2.304	1.95	8.79	0:15:44	
	Between 5 and 10%	17.268	14.61	11.84	1:27:30	
	Between 1 and 5%	16.567	14.02	15.75	1:03:07	
	Total :	36.139	30.59	13.03	2:46:21	
	Plain					
	Difference of 1%	38.929	32.95	26.09	1:29:31	
	Breakdown descents					
	Between 1 and 5%	26.55	22.47	38.98	0:40:52	
	Between 5 and 10%	15.544	13.15	41.11	0:22:41	
Between 10 and 15%	0.996	0.84	32.9	0:01:49		
Between 15 and 30%	0	0	0	0:00:00		
Total :	43.09	36.47	39.55	1:05:22		
Total track :	118.158	100 %	22.07	5:21:14		

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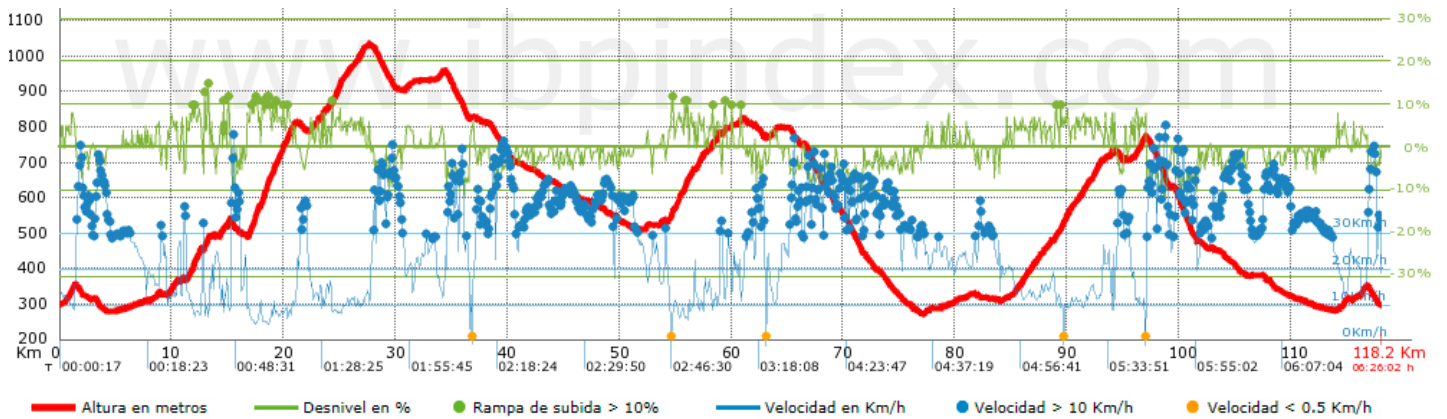
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total : 0 Km --- % --- h --- Km/h --- h --- h --- Km/h							

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
36.813	0:05:05	825	2:09:23	2:09:23	36.813	
63.07	0:50:56 > 10'	770	3:19:04	1:09:41	26.257	
89.698	0:04:11	527	5:12:30	1:53:26	26.628	

97.033	0:04:36	772	5:44:04	0:31:34	7.335
Total :		1:04:48 h			