

Track: Requena_Negrete_Mataparda_Utiel_Nogueras-track.gpx

Date: 13/02/2015

 Track: Requena_Negrete_Mataparda_Utiel_Nogueras-track.gpx
 Detected modality = BYC
 IBP index reliability= A

IBP = 154 BYC

Total length	131.394 Km
Analyzed distance	131.394 Km
Lineal distance	0.019 Km

Accumulated climb	2422.2 m
Accumulated descent	2410.2 m
Maximum height	1224.6 m
Minimal height	527.4 m
Climb rate	4.96 %
Descent rate	4.83 %
Positive climb difference per	18.43 m
Negative descent difference per	18.34 m

Total time	7:03:31 h
Time in movement	6:21:31 h
Stopped time	0:42:00 h

Total speed average	18.61 Km/h
Average speed in movement	20.66 Km/h
Maximum held speed	69.19 Km/h

Max slope filter	~30 %
Min. ponts separation	~30 m
Number of points	11837 (cad. 11.1 m)
Significant points	3390 (cad. 38.77 m / 28.64 %)
Aberrant points	42 (0.35 % d. total)

Direction changes per	8.43
Direction changes >5° per	4.31
Accumulated straight stretches	51.069 Km
Straight stretches per	388.67 m
Penalizable slope changes	21
Penalizable slope changes per	0.16

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s
	Between 15 and 30%	0	0	0	0:00:00
	Between 10 and 15%	0.954	0.73	10.07	0:05:41
	Between 5 and 10%	23.734	18.06	12.05	1:58:12
	Between 1 and 5%	24.162	18.39	14.87	1:37:30
	Total :	48.851	37.18	13.24	3:41:23
	Plain				
	Difference of 1%	32.64	24.84	23.92	1:21:53
	Breakdown descents				
	Between 1 and 5%	27.561	20.98	39.03	0:42:22
	Between 5 and 10%	21.346	16.25	37.21	0:34:25
Between 10 and 15%	0.855	0.65	41.6	0:01:14	
Between 15 and 30%	0.141	0.11	36.29	0:00:14	
Total :	49.903	37.98	38.26	1:18:15	
Total track :	131.394	100 %	20.66	6:21:31	

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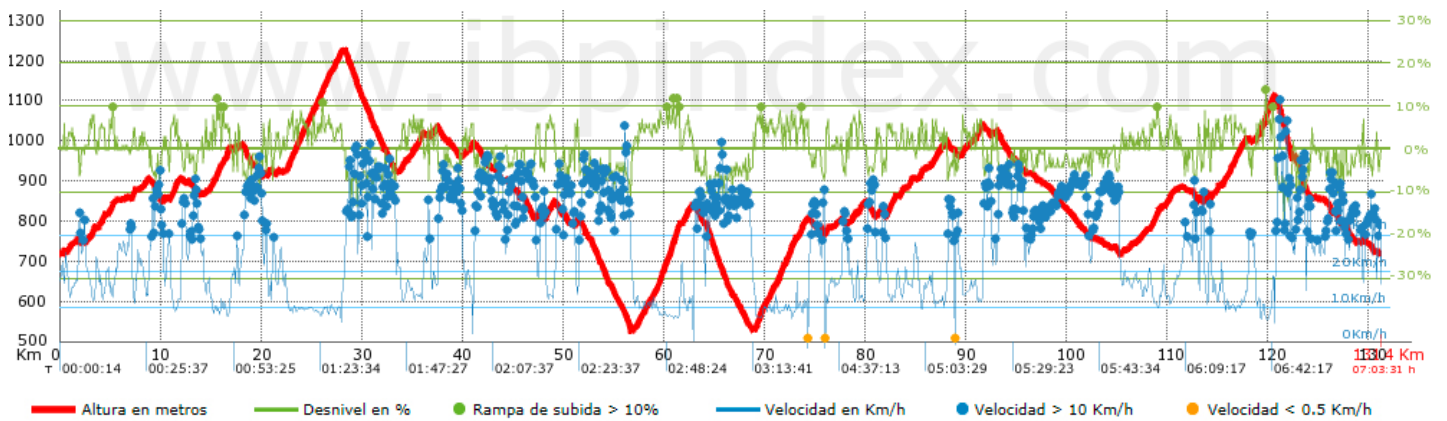
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
Total : 0 Km --- % --- h --- Km/h --- h --- h --- Km/h							

Stops						
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance	
74.323	0:07:32	805	3:44:41	3:44:41	74.323	
75.996	0:34:28 > 10'	768	3:55:16	0:10:35	1.673	
Total : 0:42:00 h						